

H24 ACHIEVE PROTEIN BARS

CHOCOLATE CHIP COOKIE DOUGH FLAVOURED



SKU: 149K

Ingredients:

Milk proteins (**milk** protein isolate, calcium caseinate (from **milk**), whey protein concentrate (from **milk**)), sweetener (maltitol syrup), **milk** chocolate coating with sweetener (17 %, cocoa solids: 35 % minimum) (sweetener (maltitol), cocoa butter, whole **milk** powder, cocoa mass, emulsifier (**soya** lecithin), vanilla extract), humectant (glycerol), coconut oil, cocoa **soya** crispies (**soya** protein isolate, cocoa powder, tapioca starch), roasted cocoa beans, flavourings, colour (plain caramel), sunflower oil, non-nutritive sweetener: steviol extracts.

CONTAINS MILK AND SOYA. MAY CONTAIN GLUTEN, NUTS, EGGS AND PEANUTS.

Typical Nutritional Information

Serving size: 1 bar (60 g)

Servings per carton: 6

	Per 100 g	Per Bar (60 g)	% NRV*
Energy	1479 kJ	888 kJ	**
Protein	35 g	21 g	38 %
Glycaemic Carbohydrate	38 g	23 g	**
of which: total sugar	3.2 g	1.9 g	**
Total Fat	12 g	7 g	**
of which: saturated fat	8.9 g	5.4 g	**
Total Sodium	91 mg	55 mg	**

* Nutrient Reference Values (NRVs) for individuals 4 years and older
** NRV not established

Stay on track with your healthy and active lifestyle, while enjoying the delicious taste of H24 Achieve Protein Bars Chocolate Chip Cookie Dough flavoured.

They are a convenient post-workout treat that contains 21 grams of protein per bar and available in a delicious Chocolate Chip Cookie Dough flavoured. The bars are artificial colourants and artificial flavourings free and are suitable for lacto-ovo vegetarians.

Enjoy H24 Achieve Protein Bars in between meals, after workouts or when you want a snack that won't compromise your fitness goals.

H24 Achieve Protein Bars are Informed Sports certified. They've been tested and proven to be free of any athletic banned substances.**

KEY BENEFITS AND FEATURES

- 21 g of protein per bar
- 1.9 g of sugar
- Informed Sports certified
- Artificial colourants and artificial flavourings free
- Delicious Chocolate Chip Cookie Dough flavoured
- Suitable for lacto-ovo vegetarians

DIRECTIONS FOR USE

Consume once a day in between meals or after your workout. Enjoy this product within a balanced and varied diet, as part of a healthy, active lifestyle.

Excessive consumption may have a laxative effect.

****Banned substance tested.** The Informed-Sport quality assurance programme certifies that a sample of the batch from which this product was created has been tested by LGC's world-class sports anti-doping lab, and found to contain no banned substances in its anti-doping screen. More details at www.informed-sport.com